

Dear Parents,

We hope you are all doing well as you prepare for your child to join us here at Countryside Preschool Nursery.

We are really looking forward to welcoming you into our Countryside family.

We are writing to let you know about an upcoming change to our daily consumable charge for children, which will increase to £6.00 per day from January 2026. We wanted to inform you as early as possible, so there are no surprises when your child starts with us.

This decision has not been taken lightly. As you know, we are committed to providing high-quality early years care and education. Our voluntary consumable charge covers items and services that support your child's daily experience, including:

- Nutritious meals and snacks, prepared in line with current nutritional guidelines
- Enhanced hygiene, care, and comfort items, ensuring a safe and nurturing environment
- Continued investment in our dedicated early years educators, who work hard to support every child's development and wellbeing.
- With increasing costs in food, utilities, and essential supplies, this small adjustment allows us to maintain the high level of care and provision Countryside Preschool and Nursery has proudly offered for nearly 40 years.

## Opt-Out Option

We understand that some families may prefer to provide their own meals and snacks instead. If you would like to opt out of the voluntary consumable charge, please notify us via Adobe Docs email with this letter attached at your soonest convenience.

Families who choose to opt out will be required to provide:

- Nutritionally balanced packed meals and snacks, following nutritional guidelines
- Foods free from nuts, including nut butters, almond products, and any other allergens present in the setting (a full list will be provided if you opt out)
- Meals and snacks that can be stored and served at room temperature, as we are unable to refrigerate or heat food brought from home due to limited space
- All food provided will be checked to ensure it meets nursery health, safety, and allergen standards.

Please note that opting out must be a strict and permanent arrangement. It cannot be changed day-to-day, as our catering provisions must be planned in advance.

Families who do not opt out will automatically take part in the nursery's meal plan and will be charged the new daily voluntary rate of £6.00 per day.

From January 2026, breakfast will be served from 7:45am to 8:20am.

If you have any questions about this change, please don't hesitate to text me directly. A follow-up letter will be sent to your email to confirm your decision and ensure you have received all information.

I would like to opt out and provide my child's meals and snacks:

Signed: \_\_\_\_\_

Dated: \_\_\_\_\_

Thank you for your understanding and support. We can't wait to welcome you and your little one to Countryside Preschool and Nursery in the New Year.

Many thanks,

