

# WEEK 1

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Cereals, Toast, Fresh Fruit	Cereals, Toast, Fresh Fruit	Cereals, Toast, Fresh Fruit	Cereals, Toast, Fresh Fruit	Cereals, Toast, Fresh Fruit
<b>Snack</b>	Breadsticks, Hummus and veg sticks	Fresh fruit.	Homemade fruit and oat bars	Mini homemade pizza bites	Rice Cakes and Cream Cheese
<b>Hot Lunch</b>	Tuna, broccoli, cauliflower and potato bake.	Tomato and pasta bake	Cottage pie & veg	Roast chicken, peas & carrots	Cod Fish fingers, boiled potatoes, peas
<b>Pudding</b>	Strawberries and banana pudding	Greek Yogurt and Raspberries	Fresh fruit	fruit pancakes	Greek Yogurt and Strawberries
<b>Cold Lunch</b>	Chicken and cucumber wraps	Ham and cheese Sandwiches Grated carrot.	Tuna, cucumber and lettuce wraps.	Bread Butter, Cheese cubes, cucumber sticks, grated carrot.	Ham, lettuce and tomato wraps.
<b>Tea</b>	Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch	Cold lunch

# WEEK 2

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Cereals, Toast, Fresh Fruit	Cereals, Toast, Fresh Fruit	Cereals, Toast, Fresh Fruit	Cereals, Toast, Fresh Fruit	Cereals, Toast, Fresh Fruit
<b>Snack</b>	Rice cakes and cream cheese	Fresh fruit	Cheese sticks and crackers	Breadsticks, hummus & veg sticks	Fresh fruit
<b>Hot Lunch</b>	Cod fish fingers, new potatoes, peas	Chicken casserole & veg	Mini Quiche & salad	Broccoli, cauliflower and potato bake.	Turkey hotpot and new potatoes
<b>Pudding</b>	Greek yoghurt and raspberries.	Bananas and strawberries	Prepped Fruit and oat bars	Fruit salad	Fruit pancakes
<b>Cold Lunch</b>	Ham and cheese sandwiches, sweetcorn.	Chicken and lettuce wrap.	Tuna and cucumber wraps.	Bread Butter, Cheese cubes, cucumber sticks, grated carrot.	Ham, lettuce and tomato wraps.
<b>Tea</b>	Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch	Cold lunch